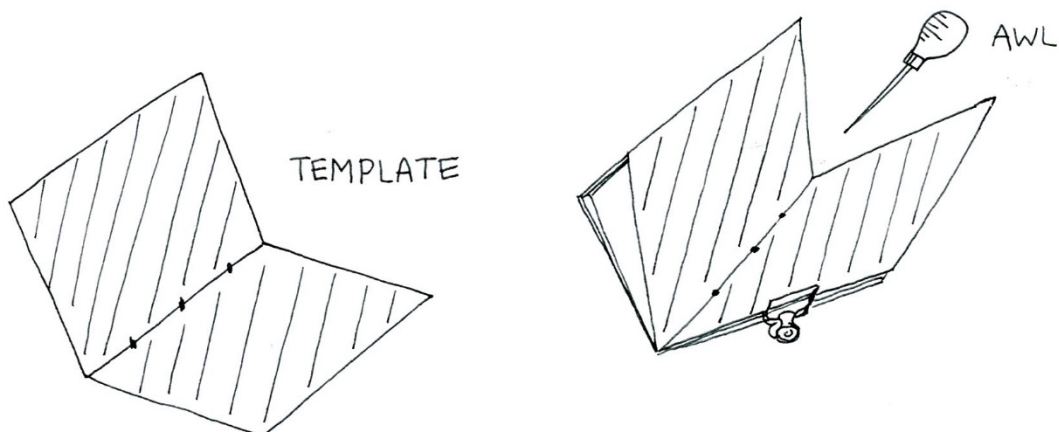
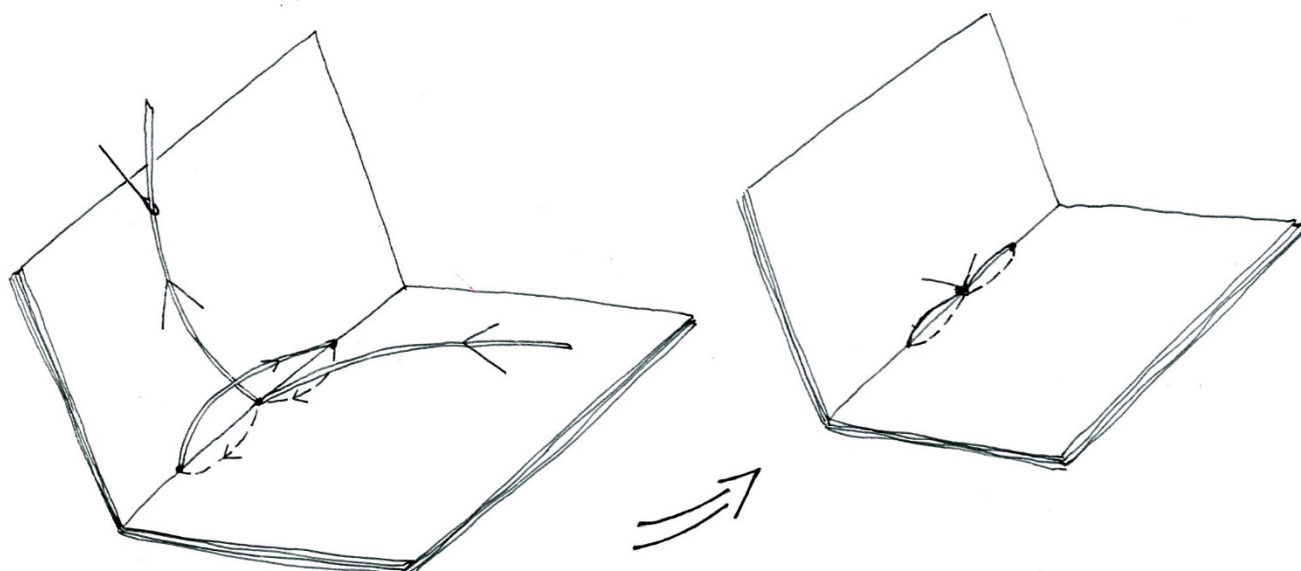


PAMPHLET STITCH

- Assemble your pages and cover and fold the lot in half using a bonefolder
 - Can use scrap paper to protect your pages from shiny marks left by the bonefolder
- Have an extra piece of paper the same size as the other sheets to use as a template
- Mark your template piece where you're going to make the holes to stitch with – the first in the middle of the sheet, and two others measured the same distance away from the centre

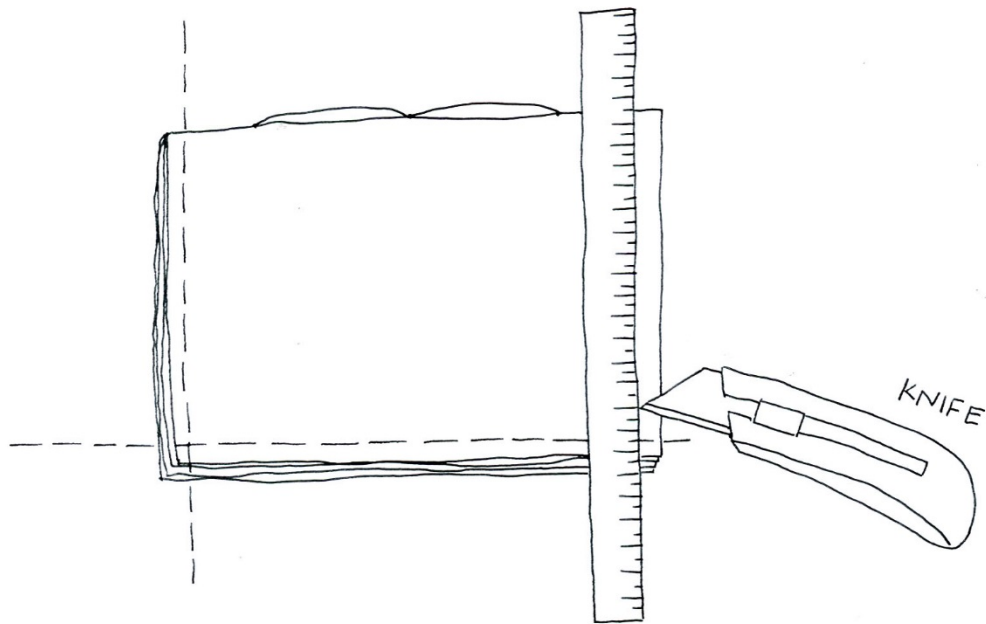


- Use a bulldog clip to hold the pages together and in place while you're working on them
- Pierce through the holes with an awl
 - Hold the pages in a V-shape on the cutting mat while you pierce
- Thread your needle with about an arm's length of thread
- Begin on the middle hole on the inside, and leave a loose end of thread
- Make a figure eight (ish), leaving a long stitch on the inside of the book and two on the spine
- End with the needle and the loose thread on the inside middle hole, on either side of the long stitch

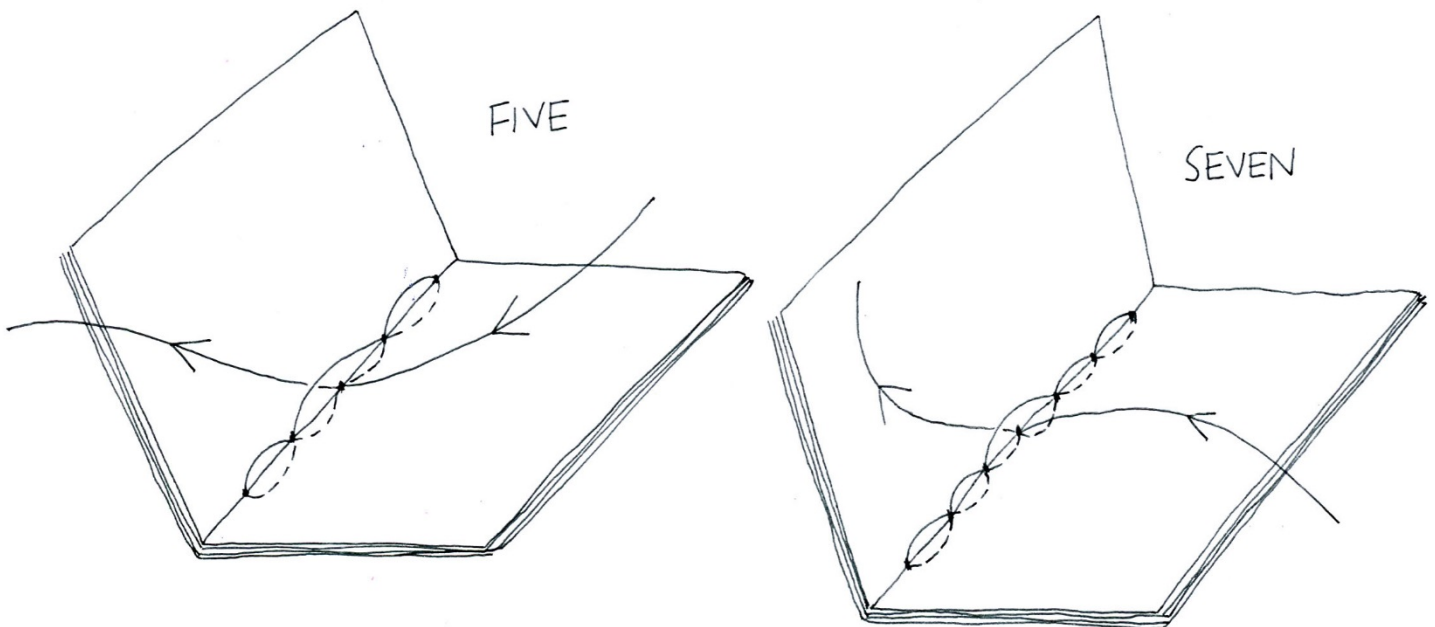


- Double knot to finish, and trim the ends to about a centimetre
 - Note: some people prefer the look of having the knot on the outside of the book spine – it's up to you!

- Trim the edges of your book with knife and ruler to neaten
 - Never cut less than 5mm
 - Hold the ruler down with lots of pressure, but cut with very little pressure on the craft knife



- The three-hole pamphlet stitch can just as easily be a five-hole stitch, or a seven-hole stitch – any odd number



NOTES

- Bear in mind pagination for your content
 - If you're making an old school zine instead of using InDesign, it's helpful to make a mock up
- Leave borders around your content so the pages can be trimmed later
- It's always best to fold your pamphlet along the grain of the paper